



SARAH Tuxis Recreation & Leisure  
Connections  
433 Boston Post Rd.  
Westbrook, CT 06498



## Recreation & Leisure Connections



October, November, December 2025  
Program Guide



## PROGRAM SUPPORT POLICY

Our goal is to provide a variety of programs that can be enjoyed by everyone in a safe and fun environment. All recreation and leisure programs by SARAH Tuxis will be facilitated by staff certified in CPR, First Aid, PMT and Med Cert. We will work closely with families and responsible support staff to orient the staff and volunteers to provide a comfortable atmosphere for all involved. We strive to give people with differing abilities the best support possible and look forward to working with new participants as well as participants who have been involved with SARAH before.

## VOLUNTEER INFORMATION

Volunteers are always welcome! If you are interested in volunteering with SARAH Recreation and Leisure please contact the Recreation Coordinator Brieanne Vinyard at [briannev@sarah-tuxis.org](mailto:briannev@sarah-tuxis.org). We are always looking for positive personalities to assist in creating exciting opportunities.

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**SOCT INFORMATION**

All Special Olympics questions, concerns or issues can be directed to  
the Local Coordinator:

Ralph Genovese  
socentralshoreline@gmail.com  
(203) 239 - 7149

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# SARAH Recreation & Leisure Connections Registration Form

October, November, December 2025

Participant Name: \_\_\_\_\_

Address: \_\_\_\_\_

Contact Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Contact E-Mail Address: \_\_\_\_\_

<b>Program Description</b>	<b>Program Date(s)</b>	<b>Fee</b>
	<b>Total</b>	\$

**\*We no longer accept cash payment. Please be sure payment is in the form of a check or money order. Thank you\***

Please fill in top form completely and enclose payment by 10/01/2025

Payable to SARAH Tuxis and mail to:

## Recreation & Leisure Connections

C/O Brieanne Vinyard

433 Boston Post Rd. Westbrook, CT 06498

## Art

Dates: 10/01, 10/08, 10/15,  
11/05, 11/12, 12/3, 12/10  
Time: 5:15 PM  
Location: Adams Middle School  
Address: 233 Church St. Guilford  
Cost: \$105.00 (\$15.00 per session)



This Art Class gives the opportunity to create, facilitates artistic expression, and engages the mind through the artistic process. Artists will work with mixed media, creating seasonal crafts, painting with acrylic on canvas, and exploring through art.

## Guys Night

Dates: 10/17, 11/14,  
Time: 5:30 PM  
Location: Tuxis Harbor



Please come spend an evening at The Harbor with the guys. Share in a potluck dinner, play pool, ping-pong, watch a movie or just have some good conversations with friends. Cost is free as this is a potluck style dinner gathering, all attendees are asked to bring an item to share for dinner.

## Ladies Night

Dates: 10/03, 11/07  
Time: 5:30 PM  
Location: Tuxis Harbor



Spend an evening with some of your gal pals, enjoy dinner and have some good conversations with friends, get together and share some long lasting memories. Cost is free as this is a potluck style dinner gathering, all attending are asked to bring an item for dinner. Bring money to the Farmer's Market when we meet 10/03 on the Green in Madison.

## Fantasy of Lights

Date: 12/23  
Time: 5:30 PM  
Location: Chili's East Haven  
2 Lighthouse Road, East Haven  
Cost: \$15.00



Join us at Chili's for dinner before the Fantasy of Lights. Then, we will travel through the beautiful Lighthouse Park's holiday lights display. Please bring money for meal and a hearty appetite!

## REGISTRATION PROCEDURE

Please fill out the registration form to register for Recreation & Leisure programs. Make additional copies if needed. Each individual should have their own form. Forms need to be filled out in entirety.

Forms with full payment must be received in our office by the RSVP date on the registration form. We do not accept registrations over the phone. Registrations can be mailed, dropped off at our office. We process registrations on a first come first serve basis. Please contact Brieanne Vinyard, the Recreation Coordinator at [briannev@sarah-tuxis.org](mailto:briannev@sarah-tuxis.org) for special arrangements regarding support staff, transportation or program cost questions.

## NEW SERVICE PARTICIPANT REGISTRATION

All new participants please call Brieanne Vinyard at (475) 355 - 0418 to schedule a time to come in to meet and to discuss joining SARAH Recreation!

SARAH Recreation requires a chaperone to accompany all newly registered members. In order to ensure a successful and positive experience for everyone SARAH Recreation reserves the right to require a 1:1 chaperone to assist some people for participation. All Tuxis, Seneca and Private Hire staff are required to remain with the person they are supporting at all times while at recreation. SARAH Recreation requires a Registration Packet to be completed and updated every year for participation in Recreation events. SARAH Recreation requires a 3:1 ratio for all participants. This may require support staff to remain for the events in some circumstances.

### Wee Faire Village

Date: 10/11  
Time: 1:00 PM  
Location: Florence Griswold  
96 Lyme St. Old Lyme  
Cost: \$25.00



Celebrate the growing world with a wee community that is inspired by plants; visit sites for a faerie to live, work, play, or shop. The event will feature at more than two dozen faerie installations and a fun roster of special events to compliment the theme. Immerse yourselves in the spirit of imagination and whimsy that comes from visiting the pint-sized installations across the Museum's campus on a perfect autumn day.

### Holiday Shopping

Date: 11/01  
Time: 1:00 PM  
Location: Clinton Crossing Premium Outlets



Join us to get some shopping done for the holidays. Need to get a sweet gift for your friend, family or loved one? We will be shopping till we drop; getting a hot cup of cocoa may warm us back up! Please bring money for a treat, as we will be meet during our shopping trip for a warm treat. Please bring money for any purchases you would like to make while shopping, including for any food and beverage purchases you may wish to make when we go to Chip's for a bite to eat before we shop.

### Movie Night, North Haven

Date: 10/21, 11/25  
Time: 6:00 PM  
Location: North Haven Movie Theater  
Cost: \$15.00 (\$30.00)



Join us for Movie Night at North Haven Movie Theater! Enjoy some popcorn with great friends while watching a new box-office hit movie! Please bring money for snacks or beverages.

### Movie Night, Westbrook

Date: 11/04, 12/30  
Time: 6:00 PM  
Location: 314 Flat Rock Pl, Westbrook  
Cost: \$15.00 (\$30.00)



Enjoy some popcorn while watching a new box-office hit movie with great friends. Please bring money for snacks or beverages.

### Guilford Renaissance Fair

Date: 10/04  
Time: 11:00 AM  
Location: Guilford Fairgrounds  
111 Lovers Lane  
Cost: \$20.00



Recreation is going to the Renaissance Fair! Join us at the fairgrounds, and bring money for any purchases you may wish to make while at the Fairgrounds; don't forget to bring the sunscreen, and the bug spray.

### Old Sturbridge Village, MA Overnight Trip

Date: 11/07 – 11/09  
Departs: 5:00 PM, Friday  
Returns: 5:00 PM, Sunday  
Cost: \$498.00



Recreation is taking an overnight trip to visit Yankee Candle, the Magic Wings Butterfly Conservatory, and Old Sturbridge Village in Massachusetts from Friday, November 7 – Sunday, November 9. Cost includes admission, lodging and transportation; people should plan to bring money for any additional purchases, meals, and extras while on the trip. Anyone interested in attending the planned overnight trip should contact Brienne at [briennev@sarah-tuxis.org](mailto:briennev@sarah-tuxis.org) to make arrangements as soon as possible.

### Trail of Terror

Date: 10/17  
Time: 7:00 PM  
Location: Trail of Terror, Wallingford  
Cost: \$50.00



The Trail of Terror is a popular, outdoor, walk-through haunted attraction in Wallingford, Connecticut, known for its elaborate and terrifying experiences; featuring over 30 scenes, 160 costumed characters, and immersive special effects designed to scare and thrill visitors. Please be advised, this event is known for its intense audio, lighting, and physical challenges, including fog, strobe lights, and moving floors. \* SEE Haunting at the Ridge for PG no-scare hours in Middlefield when we go 10/10 at 6:00 PM.

### Travel Club

Dates: 10/02, 11/06, 12/04  
Time: 6:00 PM  
Location: SARAH Tuxis Harbor



The Travel Club needs your help planning activities and event, and discussing the places we will go in 2026. Let's get together to hear what is on your mind for the new year!

## Zumba

Dates: 10/14, 10/28, 11/11, 11/25, 12/16, 12/30  
 Time: 6:00 PM  
 Location: Guilford Community Center  
 Cost: \$ 10 . 00 ( \$ 60 .00 )



Zumba is a dance fitness program that incorporates Latin and world rhythms, with dance inspired exercises in a fun, high energy class. The goal of Zumba is to get moving and have fun! No dance experience is necessary! Come join the party!

## Yoga

Date: 10/08, 10/22, 11/05, 11/19, 12/03, 12/17  
 Time: 5:30 – 6:30 PM  
 Location: SARAH Tuxis Harbor  
 Cost: \$ 10 . 00 ( \$ 60 .00 )



Release, relax, loosen up those muscles, improve flexibility, posture, and range of motion with this gentle, beginner friendly yoga class. No experience necessary. We have a yoga mat for you, just bring your willingness to relax and recharge!

## Book Club

Dates: 10/15, 11/26, 12/10  
 Time: 6:00 PM  
 Location: Clinton Public Library  
 10 Killingworth Turnpike, Clinton



Cozy up this Fall with a good book, and enjoy reading with good company, at Henry Carter Hull Public Library in Clinton! Do you enjoy reading, and getting together with others who share a love for books? Contact Brienne Vinyard at [briennev@sarah-tuxis.org](mailto:briennev@sarah-tuxis.org) for more.

## Holiday Dance

Date: Friday, 12/19  
 Time: 6:00 to 7:00 PM  
 Location: First Congregational Church  
 26 Meetinghouse Ln. Madison  
 Cost: \$15.00



What better way to get into the Holiday Spirit than by joining your friends at the holiday dance! Dance through the night with the music of the one and only DJ Rich. Tickets may be purchased in advance or at the door. See you there! Please make a festive holiday dish to share, or choose a category according to the first initial of your last name:

A-H: Sweet Treats  
 I-P: Healthy Snacks  
 Q-Z: Juice, Seltzer, Water, Soda

## Hartford Wolf Pack Ice Hockey

Date: 11/22  
 Time: 6:00 PM  
 Location: XL Center, Hartford  
 Cost: \$ 65.00



Join us as the Hartford Wolf Pack take to the ice. Please bring money for snacks or beverages. If interested, please contact Brienne Vinyard at [briennev@sarah-tuxis.org](mailto:briennev@sarah-tuxis.org) as soon as possible. Any sign-ups after October 05 may not be accepted. \*Sponsored by Travel Club\*

## Pick your Own

Date: 10/01, 10/23, 10/28  
 Time: 3:45 PM to 4:45 PM  
 Location: 448-518 New England Rd



Do you need a pumpkin for pumpkin carving at the Harbor October 29? Hope to see you at Bishops. Please bring money for your picking purchases to be able to take home what you pick.

## Haunting at the Ridge (PG Scare-Free Hour)

Dates: 10/10  
 Time: 6:00 PM  
 Location: 99 Powder Hill Rd  
 Middlefield, CT 06455  
 Cost: \$50.00



Feeling brave this season, take a chair lift ride up the mountain at Powder Ridge, then get ready for the haunt of your night. The journey begins with a chair lift ride up the mountain through the darkness, catch glimpses of creatures below that travel the Ridge at night. We'll make our descent down the mountain on foot encountering all the mysteries of the mountain. Be sure to stop by the camp ground, they love to welcome visitors. In fact, they may never want you to leave.

## Gozzi's Turkey Farm

Date: 11/17  
 Time: 4:00 PM  
 Location: 2443 Boston Post Rd.  
 Guilford, CT 06437



Come to Gozzi's Turkey Farm to see all the colorful turkeys, it's a Guilford Tradition that is fun for everyone! Snap a photo with your favorite feathery friends dressed in all of the colors of the rainbow! Bring money for your meal when we eat at Panera Bread following Gozzi's.

## Lyman Orchard Corn Maze

Date: 10/07  
Time: 4:00 PM  
Location: Lyman Orchards  
Cost: \$25.00



The Corn Maze theme this year is Pizza! Celebrating 76 Years, enjoy the themed corn maze with trivia related to the Pizza Capital! The maze is approximately 4 acres in size with over a mile of pathways; be prepared with your walking shoes, and stay hydrated with something to drink. Don't forget the bug spray. People should bring money for anything they wish to purchase. Join us for a meal at Wood and Tap in Wallingford following the maze.

## Tour of the Guilford Police Department

Date: 10/21  
Time: 4:30 PM  
Location: Guilford Police Department  
400 Church St.



Join us as we receive a private tour of the Guilford Police Department from our local officers!

## Pumpkins & Pizza

Date: 10/29  
Time: 5:30 PM  
Location: SARAH Tuxis Harbor  
433 Boston Post Rd.  
Westbrook  
Cost: \$15.00



Carve out some time to get together at the SARAH Tuxis Harbor for pumpkin carving! This is a BYOP – Bring your own carving party. Join us when we meet at Bishops Orchard on 10/20 to pick pumpkins to carve. Pizza included for dinner on 10/29.

## Movie Night

Date: 10/09, 11/24, 12/29  
Time: 5:30 PM  
Location: SARAH Tuxis Harbor  
433 Boston Post Rd.  
Westbrook  
Cost: \$3.00 per (\$9.00)



We will be meeting at the Harbor to view some of our favorite films of all time! It's the Great Pumpkin Charlie Brown, A Charlie Brown Thanksgiving, and Rudolph's Shiny New Year you won't want to miss it.

## Bowling

Dates: 10/23, 11/20, 12/11  
Time: 5:30 PM  
Location: AMF Circle Lanes – East Haven  
Cost: \$ 10 . 00 ( \$ 30 .00)



Thursday nights are a great time to get out and go bowling with friends! Can't find your bowling ball anywhere? Bet this alley has a spare! Please bring money for any snack or beverage purchases you may wish to make. See you there!

## Saturday Bowling

Date: 10/18, 11/15, 12/27  
Time: 12:30 PM  
Location: AMF Circle Lanes—East Haven  
Cost: \$ 10.00 ( \$ 30.00)



Trying to PIN down what to do with your Saturday afternoon? If Bowling is up your alley, these pins are not on strike, we will see you at AMF Circle Lanes in East Haven! Please bring money for a snack or beverage.

## Monster Mash

Date: 10/24  
Time: 6:00 to 8:00 PM  
Location: First Congregational Church  
26 Meetinghouse Ln. Madison  
Cost: \$15.00



Eat, drink and be SCARY, please join us for spooktacular dancing, and frightening fun! If you've got it, haunt it, wear your best costumes as we monster mash the night away. Tickets may be purchased in advance or at the door. Please bring your favorite treat, or one small item according to the first initial of your last name:

A-H: Spooky Snacks  
I-P: Scary Sides  
Q-Z: Creepy Drinks

## Nature Walk

Date : 10/19  
Time: 11:00 AM  
Location: Chatfield Hollow State Park  
Killingworth



The scenic trails at Chatfield Hollow State Park are beautiful, the covered bridge and boardwalk offer enjoyable routes through this serene park, perfect for a late morning stroll! Bring your lunch for a picnic after we walk.



### Pumpkin Pie Making

Date: 11/18  
Time: 5:00 PM  
Location: SARAH Tuxis Harbor  
Cost: \$20.00



Make your own pumpkin pie! After we pick pumpkin's in October at Bishops, we will process our pumpkin into a pie at the Harbor! Our very own take home treat to share with friends.

### DIY Holiday Baking

Date: 12/16 & 12/18  
Time: 5:00 PM  
Location: SARAH Tuxis Harbor  
Cost: \$20.00



Let's prepare and decorate our cookies in a two-part experience. We are ready to make our Holiday cookies! Choose from a variety of cookie cutters, icings, sprinkles and more!

### MYO Cocoa Bar

Date: 11/24, 12/29  
Time: 4:30 PM  
Location: SARAH Tuxis Harbor  
Cost: \$5.00 (\$10.00)



Get together with Friends at the SARAH Tuxis Harbor for a warm winter evening full of cocoa and cheer! Enjoy your Cocoa creation, with your favorite toppings, sipping and chatting with good company. Hope to see you there!

### Cadillac Ranch

Date: 12/02  
Time: 6:00 PM  
Location: 45 Jude Lane, Southington, CT  
Cost: \$15.00



Get together at the Cadillac Ranch in Southington for a delicious bite to eat; and, we are going to need it! Next, we join the line dancers, and learn a line, partner, swing, or 2-step dance with the best instructors in the biz. When registering, please include a headcount for our reservation. Please bring money for your meal. See you there! Line Dancing begins at 7:00 PM.

### Recreation Thanksgiving Potluck

Date: Friday, 11/21  
Time: 6:00 PM  
Location: The SARAH Tuxis Harbor



Gobble till you wobble! Come celebrate Thanksgiving with us at The Tuxis Harbor! Thanksgiving is the time of the year to celebrate with friends and family. Come join us for dinner and let us express a warm thank you!

Please bring one small item according to the first initial of your last name:

A-G: Appetizer

O-U: Dessert

H-N: Main Course

V-Z: Drinks

\*Please do not make or bring anything containing nuts or peanut butter\*

### Tuxis Tuners

Date: 11/03, 11/10, 11/17, 12/5  
Time: 6:00 PM  
Location: Fowler



The Tuxis Tuners are a professional style singing group rehearsing classic hits, old favorites, and new songs as we meet to practice, and keep those vocal cords tuned for our upcoming performances.

### Karaoke Night

Date: 10/16, 11/04, 12/09  
Time: 4:30 PM  
Location: SARAH Tuxis Harbor  
Cost: \$1.00 ( \$3.00)



Warm up those vocal cords! Join us at The Harbor and sing your heart out to all of your favorite songs. You can sing a solo or duet alongside great friends. Hope to see you there!

### Essex Indoor Golf

Date: 12/01  
Time: 5:00 PM  
Location: 23 Saybrook Road (Suite 5)  
Essex,  
Cost: \$20.00



It may be chilly outside, but join us indoors for golf simulation, at Essex Indoor Golf Golfer, or non – golfer, and everyone in between, meet and play inside with the same simulator from the Golf Channel; PGA Tour approved.

### Cookie in a Jar

Date: 11/28  
Time: 5:00 PM  
Location: SARAH Tuxis Harbor  
Cost: \$5.00



A do-it-yourself craft is better with friends; get together to make this cookie in a jar to enjoy and share or to gift this season wherever you go.

### Soup in a Jar

Date: 12/24  
Time: 5:00 PM  
Location: SARAH Tuxis Harbor  
Cost: \$5.00



This do-it-yourself craft is ideal for a chilly night with friends; get together to make soup in a jar to give as a warm gift this season, or to enjoy for yourself.

### Collage Night

Date: 12/26  
Time: 5:00 PM  
Location: SARAH Tuxis Harbor



Have you ever made a collage? Let's get together at the Harbor to craft a collage from found objects, clippings, and paper. Bring an old magazine, or two to this activity and we will see you there.

### Dance Committee

Date: 10/20, 12/15  
Time: 4: 30 PM  
Location: SARAH Tuxis Harbor



Recreation is recruiting volunteers to help plan our next dance! If you want to get together to brainstorm themes, discuss decorations, and all things dance-planning, join us at the Dance Planning Committee.

### MYO Popcorn

Date: 10/09  
Time: 5:00 PM  
Location: SARAH Tuxis Harbor  
Cost: \$5.00



Get together with Friends at the SARAH Tuxis Harbor for a fall evening full of fun and popcorn! Enjoy your popcorn creation and chatting with good company. Hope to see you there!

### Glow Hartford

Date: Sunday, Dec 21  
Time: 5:00 PM  
Location: Hartford Convention Center  
100 Columbus Blvd, Hartford  
Cost: \$40.00



Santa needs our help finding all of his reindeer at Glow! Celebrate the holiday season under the twinkle of a million lights at Glow Hartford! Glow Hartford returns to the Connecticut Convention Center, with interactive light gardens, illuminated structures, seasonal food and drinks, activities, a festive holiday market and live entertainment. We are on the look-out for reindeer with our search to help Santa find them all during our visit.

### Salt Dough Ornament

Date: 11/30  
Time: 10:00 AM  
Location: SARAH Tuxis Harbor  
Cost: \$5.00



Handmade gift ideas and decorations are a must this time of year; Salt dough ornaments are easy to make, and beautiful hanging on a holiday gift bag, box, tree or wreath.

### New Year's Eve Social

Date: 12/31  
Time: 5:00 PM  
Location: SARAH Tuxis Harbor  
Cost: \$5.00



Get together at the Harbor to sip cider to celebrate the close of 2025 with friends. Everyone attending is asked to please bring your favorite appetizer to share at the social.

### Coffee, Tea and Company

Date: 11/12, 11/20,  
Time: 4:00 PM  
Location: Cilantro's – Guilford  
Common Grounds - Branford



Gather with friends at your local spot for a tea, coffee and comfort with good conversation and company. Join us in Guilford 11/12, then in Branford 11/20; please bring money for your purchase of snack or beverage.



## Potluck & Bingo

Date: 10/27, 12/22  
Time: 5:00 PM  
Location: Tuxis Harbor  
Cost: \$5.00 (\$10.00)



Get together for fall fun at the harbor, enjoy great company, good food, with bingo and prizes! Everyone attending is asked to make your favorite potluck style meal to share. If interested, please contact Brienne Vinyard at [briennev@sarah-tuxis.org](mailto:briennev@sarah-tuxis.org) as soon as possible. Any sign-ups after Oct 06, may not be accepted as space is limited.

## Scarecrow Building

Date: 10/30  
Time: 5:00 PM  
Location: SARAH Tuxis Harbor  
Cost: \$5.00



Get together with Friends at the SARAH Tuxis Harbor for a fall evening full of scarecrow building with good company! Hope to see you there!

## Pumpkin Scavenger Hunt

Date: 10/31  
Time: 5:00 PM  
Location: SARAH Tuxis Harbor  
Cost: \$5.00



Get together at the SARAH Tuxis Harbor with Friends for a scavenger hunt! Look high and low to find all the pumpkins you can around the Harbor.

## Cider Social

Date: 10/02  
Time: 4:30 PM  
Location: SARAH Tuxis Harbor  
Cost: \$5.00



Spice up your night with a smashing good time, get together with friends at the SARAH Tuxis Harbor for a cider social.

## DIY Wreath Making

Date: 10/13, 12/08  
Time: 5:00 PM  
Location: SARAH Tuxis Harbor  
Cost: \$5.00 (\$10.00)



Do it yourself projects and crafts are a fun way to gift and to decorate. Get together with friends and put your creative mind to work!

## Mystic Sea Port Lantern Light Tour

Date: Saturday 12/13  
Location: Mystic Sea Port  
75 Greenmanville Ave  
Time: 5:00 PM  
Cost: \$60.00



Join us for an evening of seasonal surprises with Lantern Light Tours: Finding Our Place. Set on Christmas Eve in the year 1876, the play offers small windows into the lives of people on the verge of great change, both personal and cultural. The show includes five scenes of seasonal delight, featuring a winter fantasia, a spirited circle dance, and perhaps a visit with old St. Nick! \*Sponsored by Travel Club\* if interested, please contact Brienne Vinyard at [briennev@sarah-tuxis.org](mailto:briennev@sarah-tuxis.org) as soon as possible.

## Fired Up

Date: 10/22, 11/19, 12/17  
Time: 6:00 PM  
Location: 1060 Main Street,  
Branford CT 06405  
Cost: \$30.00 per session (\$90.00)



Join us at FIRED UP it is an exciting, fun-loving, friendly and very relaxing paint your own pottery studio. Pick what you would like to paint, the colors that would make it complete, and then pick it up once it is fired. After pottery has been fired come back in 2 weeks to pick up your masterpiece— see you then!

## Cooking Class

Tuesday's 10/14, 11/11, 12/09  
Thursday's 10/16, 11/13, 12/11  
Time: 5:30 PM  
Location: SARAH Tuxis Harbor  
Cost: \$75.00 or (\$25.00 per class)



Join us at the Harbor café to learn some new recipes, some old favorites and some good company. Please choose either a Tuesday, OR a Thursday class, space is limited. After we cook, we feast!

## Game Night

Dates: 10/06, 11/06, 12/04  
Time: 4:30 PM  
Location: SARAH Tuxis Harbor  
Cost: \$ 1. 00 ( \$ 3 . 00 )



Come and join a fun filled night of games such as air hockey, pool, bingo, trivia, Ms. Packman, other arcade games and more with great friends, at the Harbor.